



Physical Education Problem Solving Year 3

Unit Purpose

The unit of work will **explore** what makes an **effective team** through different problem-solving **challenges**.

Throughout the unit, there will be a focus on pupils developing skills essential to working within a team.

Inspire Me

Sir Alex Ferguson is a former football manager of Manchester United. During the 26 seasons he spent as the clubs manager he won 38 trophies including 13 league titles and 2 Champions League trophies.



Key Success Criteria

- P** Pupils will work within a team to complete the different problem solving challenges successfully.
- C** Pupils will apply an understanding of what makes an effective team and understand how important their role is within the team.
- S** Pupils will develop life skills such as respect and communication as they collaborate with their team members to successfully complete the challenges.
- W** Pupils will develop their ability to remain positive and try their best in every challenge. They will begin to show leadership attributes.



Vocabulary for Learning

Communication: Is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

Tactics: Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

Teamwork: Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.

Strategy: is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.



Sport Specific Vocabulary

Problem Solving: means the ability to find a solution to overcome a challenge. An individual or a team needs to create then apply a strategy and tactics to solve a problem and achieve their goal.

Cooperation: Cooperate is another word used to define teamwork, meaning to work together to achieve a goal or complete a task in the most effective way possible.

